Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Sunday 05 Mar 2023 until 23:59 on Monday 06 Mar 2023

Forecast Issued on Sunday 05 Mar 2023 at 02:09 by Met Office Aberdeen

Confidence: Generally high, but moderate for cloud amounts on Sunday, and timing of snow Sunday night. High for turning much colder from Monday. Confidence falling to low by Thursday.

Headline for Sunday 05 Mar 2023: Cold. A few light snow showers.

Mountain weather hazards on Sunday 05 Mar 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light snow	Fog	Cloudy	Light snow	Light snow	Light snow
Precipitation probability					
10%	<05%	<05%	20%	10%	10%

Forecast for Sunday 05 Mar 2023

Weather: Overnight cloud thins to give some bright or sunny spells late morning and afternoon. Mostly dry, but a few light showers, falling as snow above 600m, mainly across coastal hills. A chance of thicker cloud with persistent rain, snow above 500-600m, reaching northern Lochaber around midnight, but some uncertainty in its timing.

Chance of cloud-free hill tops above 800m: 70%.

Low Cloud and visibility: Good visibility outside of any low cloud, with patchy cloud above 900-1000m, occasionally lowering to 600m near the coast.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Sunday 05 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	16/18 SW	12/15 SW	10/13 NW	11/14 NW	10/13 NW	13/16 NW	17/21 W
900	7/10 W	6/9 NW	7/10 NW	7/11 NW	8/11 NW	8/12 NW	11/16 W
600	9/12 SW	7/9 SW	6/9 SW	7/10 NW	7/9 W	8/11 W	9/13 SW
300	5/7 S	4/5 S	4/7 W	5/8 NW	4/9 W	5/8 W	5/9 W
Glen	1/4 W	1/4 W	3/7 SW	5/9 W	6/11 NW	4/9 W	4/10 W

Height (m)	Temperature / Feels Like (°C)						
1300	-4/-11	-4/-10	-4/-9	-4/-9	-4/-9	-4/-10	-5/-11
900	-2/-6	-2/-5	-1/-4	-1/-4	-1/-5	-2/-6	-2/-7
600	0/-4	0/-3	1/-2	2/-1	1/-2	0/-3	0/-4
300	2/-1	2/0	4/2	5/3	4/2	3/1	3/0
Glen	4/2	4/3	6/5	7/6	6/4	5/3	4/3
Freezing Level*	600m	600m	600m	700m	700m	700m	600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note deterioration in weather overnight with persistent snow spreading south. Some uncertainty in timing of this.

Forecast for Monday 06 Mar 2023
Weather: Rain, snow above 500-600m, spreads south in the early hours, clearing before dawn. Then largely dry with sunny spells, but turning much colder. A few snow showers possible in the afternoon, mainly over Lochaber. Dry with clear spells overnight.

Maximum wind: Northwest becoming North 15-20 gusting 25mph.

Chance of cloud-free hill tops above 800m: 80%.

Low Cloud and visibility: Generally very good or excellent visibility. Some patchy cloud may affect northern Lochaber at times.

Temperature: **Glens:** Plus 3 Celsius falling to zero Celsius in the afternoon.
At 800m: Minus 2 Celsius falling to minus 4 Celsius by midday, minus 6 Celsius late afternoon.
Freezing level: 500-600m, falling to 400m soon after dawn, then 100m or less by late morning.

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